



# FOX LANE HIGH SCHOOL PARENT SUPERVISED IN-CAR DRIVING CURRICULUM

***New York State is allowing parents to provide the mandatory 24 hours of supervised in-car instruction, observation and behind-the-wheel driving required for successful completion of a Driver Education Program.***

***In order to complete the following 24 hour curriculum over 16 weeks, you should plan to provide at least 90 minutes of instruction each week:***

***A minimum of six (6) clock hours of actual behind-the-wheel driving.***

***A minimum of six (6) clock hours of in-car observation.***

***The remaining twelve (12) hours of in-car instruction may include a combination of additional behind-the-wheel instruction or in-car observation.***

***Please use the attached curriculum as a guide. When completed, have your student bring a hard copy of the instruction log to Room A116 (mandatory).***

Student Name \_\_\_\_\_ DOB \_\_\_\_\_ Permit/License # \_\_\_\_\_

Date	Number of Hours	Student Initials	Parent Initials

I certify the following:

- ❖ I am the parent or guardian of the applicant named above
- ❖ The applicant has completed at least 24 hours of supervised driving
- ❖ The supervised driving hours were completed under the immediate supervision of a parent or guardian who holds a valid NYS driver license for the type of vehicle that was used
- ❖ As the parent/guardian, I was in compliance with any regional restrictions applicable to driving with a junior license or learner permit

Parent Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Print Parent Name: \_\_\_\_\_

# SUGGESTED In-Car Driving Curriculum GUIDE

## **Session I**

Rules of the car - NO PHONES, no eating, keep eyes and hands in the car, be respectful of other drivers, etc.

Entering and exiting the vehicle safely.

Point out and demonstrate the use of all vehicle safety features - seats and their adjustments, head restraints, seat belts, mirrors, window operation, door locks, lights, wipers and washers, brake, accelerator, use of steering wheel.

Starting and stopping the car safely:

- Use and feel of (1) brake and (2) accelerator

Driving:

- Use AIM HIGH technique
- Peripheral Vision - Blind spot technique - use in car and on the road
- Ease up technique (ease off the accelerator) and slow down (use of the brake)
- Some right and left turns

## **Session II and III**

Review:

- Starting procedures (seat, seat belts, mirrors, etc.)
- Easy ignition
- Point out other vehicle accessories

Introduce more and reinforce past lesson experience:

Turns - right & left (use of directionals and lane changers)

- Recovery of steering wheel and speed in and out of turns
- Use of visual techniques and signals
- Check position on the road (position through turns/aiming high on straight roads)
- Point out possible hazards
- Reinforce past observations
- \*\*\*\*Clean the window - point out glare and ability to reduce it\*\*\*\*

## **Session IV and V**

Turns:

- Steering and recovery
- Use of signals and lane changers
- Reinforce signs - pavement marking, speed limits
- Legal stops - signs, stop lines, right on red

Intersection:

- Timing of traffic lights (yellow, stale green, fresh green)
- Right turns
- Left turns (depending on capabilities)

Discuss (or introduce) blind spots and checking techniques

## **Session VI**

Reinforce first 5 sessions

Introduce driving in reverse:

Steering

- Looking
- Mirrors

Responding to conditions:

- 4 Second Danger Zone
- Speed and following distance (sight distance)
- Review use of accelerator to control speed
- Review use of mirrors when slowing and stopping

Introduce difficult intersections

## **Session VII and VIII**

**\*\*Remind your student that 24 hours of supervised practice driving is needed for their road test. That includes driving after sunset, bad weather driving, highway driving, acceleration and deceleration lanes.**

Review difficult intersections

Introduce communicating with other drivers:

- Use of brights
- Eye contact
- Hand signals

Introduce and/or reinforce lane changing:

- Checking of mirrors, blindspots, signals, speed control, recovery, etc.

## **Session IX and X**

Review and reinforce:

- Mirrors
- Use of accessories - fan, defrosters, wipers, washers, hazard signals
- Speed control
- Smooth braking
- Gradual acceleration

Lane changing with checks:

- Evaluate the need for lane change by looking ahead

Left turns at green lights

Forward angle parking on hills

Evaluate heavier traffic conditions (city driving)

**Introduce** parallel parking and 3 point U-turns

## **Session XI and XII**

Look for new areas to drive on unfamiliar roads:

- Hidden stop signs, driveways, etc
- Tricky pavement markings

Give examples of distractions while driving

Test use of accessories while driving (fixing mirrors, use of defoggers, etc.)

Practice parallel parking

Practice 3 point U-turns

Review all previous lessons

## **Session XIII and XIV**

### **Review all skills**

Introduce and practice how to read other drivers

- Detecting a drunk driver, drowsy driver, aggressive driver, etc.

Practice parallel parking

Practice 3 point U-turns

## **Session XV**

Have your student drive to a designated location without your assistance as to directions, turns, speed, road rules, etc.

Give positive feedback and constructive criticism

**BE SURE TO INCLUDE SOME NIGHT TIME DRIVING HOURS**

**BEST OF LUCK ON YOUR ROAD TEST  
SAFE DRIVING!**