



BCSD

Elementary

September 2022

Student Lunch -\$2.50

Adult Lunch -\$5.00 Plus Tax

Alternate Meals Also Available Daily
Sandwich Meal

Boar's Head Turkey, Ham & Cheese, or PBJ
With Veggie, Fruit & Milk

Salad Meal

(Includes, WG Roll, Fruit & Milk)

Monday	Wednesday
Mozzarella	Greek Salad
Tuesday	Thursday
Chicken Caesar	Chickpea & Corn

Friday
Chef

Bagel Meals

Bagel, Fruit
Cheese/Yogurt
Vegetables, Milk

½ cup of Carrot Sticks
1 Cup Side Salad

Whole Grain Roll
Offered with all meals

Fresh Yogurt Parfait is a MEAL!!

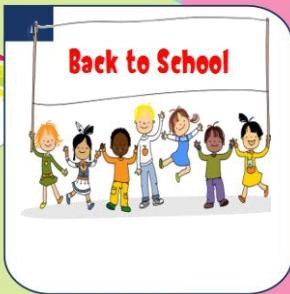
Items subjected to change!

Food Service Director

Fran Cortina
914-241-6038



This institution is an equal opportunity provider.



Food Allergies? If you have a food allergy, please speak to the manager, chef, or your server

Available Daily:
Low Fat Milk
Fat Free Milk
&
Chocolate Milk

1
Welcome back to a BBQ
Chicken, Burgers & Turkey Hotdogs on a Bun
Sweet Carrots
Watermelon
8oz Milk

2
Chicken Tenders
Rice Melody
BBQ Sauce
Roasted Broccoli
Sweet Apples
8oz Milk

5
Labor Day
No School

6
Fiesta Nachos
Tortilla Chips with Turkey Taco Meat Shredded Cheese, Lettuce, & Salsa
Black Bean Salad
Cantaloupe
8oz Milk

7
Pasta Day
Spaghetti
Meatballs or Marinara Sauce
WG Dinner Roll
Green Beans
Orange Smiles
8oz Milk

8
Pizza Mania
Cheese or Cheese Turkey Pepperoni
Pizza Slice
Tomatoes & Cucumber Salad
Fresh Watermelon
8oz Milk

9
Build Your Own Burger
Hamburger, Cheeseburger
Oven Baked French Fries
Grapes
8oz Milk

12
Chicken Tenders
BBQ Sauce
Medley Rice
Red Pepper Slices
Pears
8oz Milk

13
Fiesta Nachos
Tortilla Chips with Turkey Taco Meat Shredded Cheese, Lettuce, & Salsa
Black Bean Salad
Honeydew
8oz Milk

14
Brunch for Lunch
French toast
Turkey Sausage
Hash Brown
Apple
8oz Milk

15
Pizza Mania
Cheese or Cheese Pepperoni Pizza Slice
Roasted Cauliflower
Sweet Grapes
8oz Milk

16
Build Your Own Burger
Hamburger, Cheeseburger
Lettuce, Tomato & Onions
Green Beans
Orange Smiles
8oz Milk

19
Chicken Tenders
Dinner Roll
BBQ Sauce
Sweet Potato
French Fries
Sweet Apples
8oz Milk

20
Fiesta Nachos
Tortilla Chips with Turkey Taco Meat Shredded Cheese, Lettuce, & Salsa
Black Bean Salad
Watermelon
8oz Milk

21
Baked Ziti
Pasta with Rich tomato Sauce and Low- Fat Mozzarella Cheese
Broccoli
Banana
8oz Milk

22
Pizza Mania
Cheese Pizza or Cheese Pepperoni Pizza Slice
Roasted Zucchini
Sweet Grapes
8oz Milk

23
Build Your Own Burger
Hamburger, Cheeseburger
Lettuce, Tomato & Onions
Red Pepper Slices
Orange Smiles
8oz Milk

26
Rosh Hashanah
No School

27
Rosh Hashanah
No School

28
Brunch for Lunch
French toast
Turkey Sausage
Hash Brown
Strawberries
8oz Milk

29
Pizza Mania
Cheese or Cheese Turkey Pepperoni
Pizza Slice
Cherry Tomatoes
Romaine Salad
Sweet Grapes
8oz Milk

30
Build Your Own Burger
Hamburger, Cheeseburger
Lettuce, Tomato & Onions
Green Beans
Orange Smiles
8oz Milk