

Dear Middle School Parent/Guardian,

This booklet contains a complete list of the intramural sports programs available to you this year. It is an open program and all 6<sup>th</sup> graders are welcome. All 7<sup>th</sup> and 8<sup>th</sup> graders are welcome provided that they are not currently participating on a modified sports team. For example, a student may not participate in a fall intramural if they are playing a fall modified sport.

Intramurals are an extension of your Physical Education program. Since improvement of physical fitness and basic skills are provided in our regular classes, the emphasis in our after school program will be development through game situations, applying the skills learned in class.

After school intramurals are held between the hours of 2:30pm and 3:15pm, up to three days a week. Behavior guided by the C.A.R.E. matrices is expected by all students, at all times.

#### **Fall Intramurals**

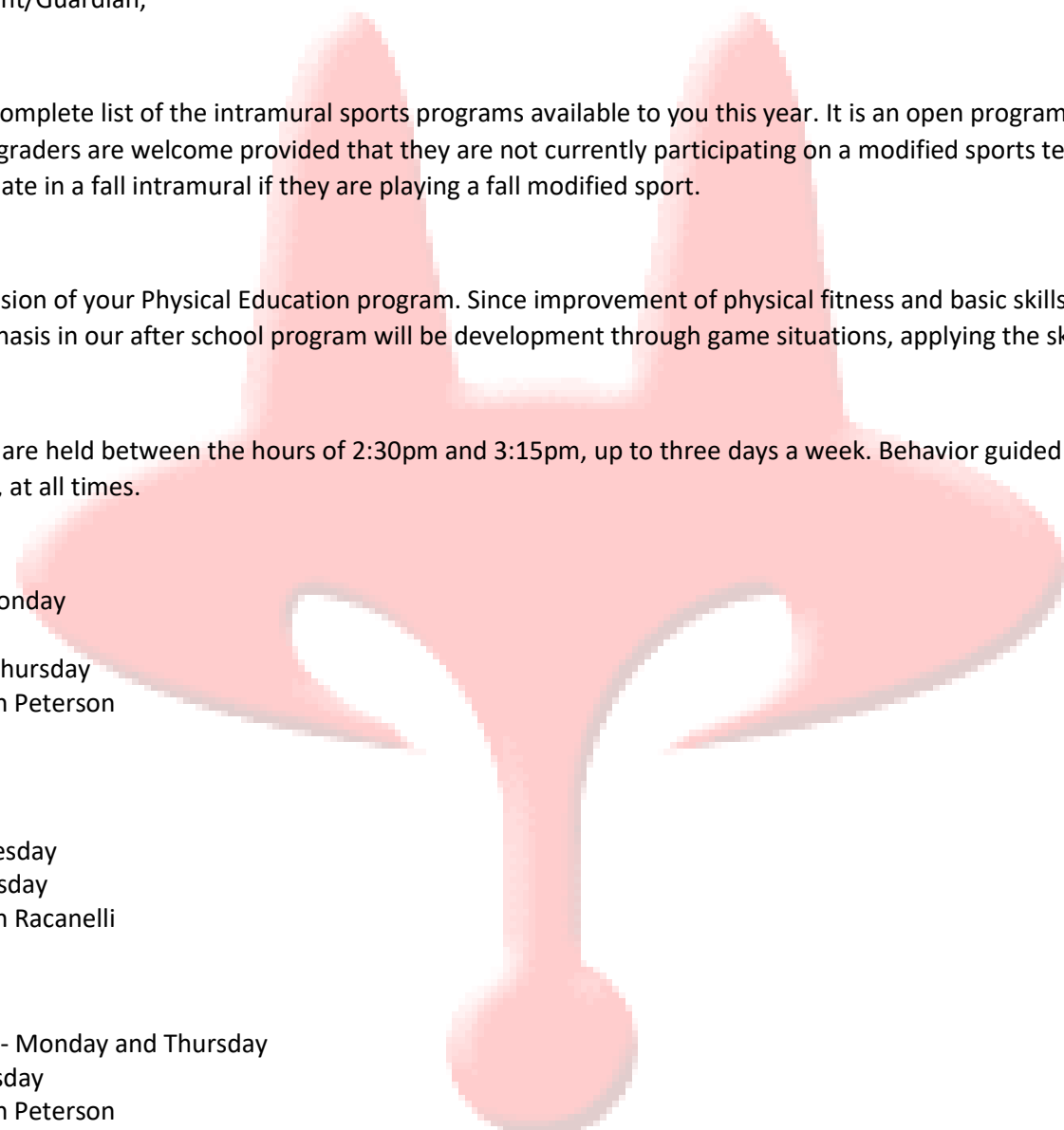
Flag Football- Monday  
Tennis- Tuesday  
"Your Choice"- Thursday  
Instructor: Coach Peterson

#### **Winter Intramurals**

Fitness Club- Tuesday  
Basketball- Thursday  
Instructor: Coach Racanelli

#### **Spring Intramurals**

Ultimate Frisbee- Monday and Thursday  
Basketball - Tuesday  
Instructor: Coach Peterson



## PERMISSION FORM

I give my son/daughter \_\_\_\_\_

Permission to stay after school and participate in \_\_\_\_\_

Intramurals.

When signing the permission form, parents may enter "ALL" which allows a student to stay anytime throughout the year. I understand the program runs from 2:30pm to 3:15pm after regular school hours, and my child will be taking the 4:00pm bus home.

\_\_\_\_\_  
Parent Signature

Please return this page to the intramural instructor, hand written notes will also be accepted.