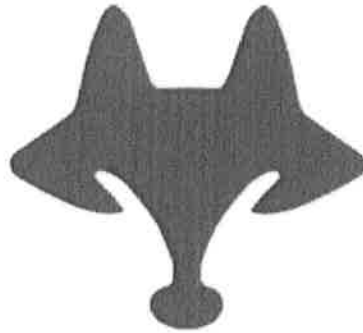


Modified Athletics Grades 7-8/FLMS Intramurals



Fox Lane Middle School Sport Offerings

Intramural Sports Program: Intramural sports coincide with activities being offered in class. A packet including a permission slip is sent home with each student in September. Intramurals are offered **THREE** days after school from 2:30-3:15p.m. on designated days. **They are open to all students who are interested, except for athletes who are participating within a modified sports season.** One signed parent permission slip that states "all" can serve for the entire year's program. Students will receive a flyer early in the school year announcing the intramural schedule. If your child stays for an after school sport, he/she must report to a supervised area designated by the coach. Students may not be unsupervised before practice.

Fall Intramural – Coach Peterson Dates: 9/12/18-11/02/18	Winter Intramural – Coach Racanelli Dates: 12/3/18-2/28/19	Spring Intramural – Coach Peterson Dates: 3/25/19-5/17/19
Flag Football on Mondays Tennis on Tuesdays "Your Choice" Fitness or Track on Thursdays	Fitness Club	Ultimate Frisbee Basketball

Modified Sports (Interscholastic): The Modified Sports Program will enable middle school teams to compete on an interscholastic level. Unlike intramurals, these are **competitive teams** and will require a process for students to be cleared in order to participate. **Only 7th and 8th grade students are eligible to play a modified sport.**

Fall	Winter	Spring
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<p>Fall Modified sports begin on Wednesday, September 4, 2018.</p> <p>Online registration must be completed by August 31st to be eligible to play.</p>	<p>Winter Modified sports begin on Monday, November 26, 2018.</p> <p>Online registration must be completed by November 16th to be eligible to play.</p>	<p>Spring Modified sports begin on Monday, March 25, 2019.</p> <p>Online registration must be completed by March 15th to be eligible to play.</p>
<p>Cross Country/Boys</p> <p>Cross Country/Girls</p> <p>Field Hockey</p> <p>Football</p> <p>Soccer/Boys</p> <p>Soccer/Girls</p> <p>Volleyball</p>	<p>Basketball/Boys</p> <p>Basketball/Girls</p> <p>Wrestling</p>	<p>Baseball</p> <p>Lacrosse/Boys</p> <p>Lacrosse/Girls</p> <p>Softball</p> <p>Track & Field</p>

If you are interested in signing up your child for modified sports, please do the following:

We are currently using an online sports registration process to make sign-up easier for our BCSD families. For now, please follow the steps below:

- 1) Complete the online sports registration process through Family ID.
<http://www.familyid.com/fox-lane-high-school>
- 2) To participate in sports, a yearly physical is required. They are offered at school by our school doctor, or you can have a private physical.
- 3) If your child has a physical from a private physician, the below health form must be completed by that physician and given to the school nurse or uploaded to Family ID.

Health Exam Form

- 4) Athlete must meet NYS Guidelines (number of practices) before they can compete in a scrimmage or game.
- 5) This document explains FLMS student's academic eligibility to play intramurals or modified sports.

FLMS Academic Eligibility

For more information, please go to <http://www.bcsdny.org/Athletics.cfm?subpage=23001>

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Related Files