



BCSD

Elementary

October 2021

1st lunch for all students is FREE!!

Adult Lunch -\$4.00 Plus Tax

Alternate Meals Also Available Daily Sandwich Meal

Boar's Head Turkey, Ham & Cheese, Tuna or PBJ With Veggie, Fruit & Milk

Salad Meal

(Includes, WG Roll, Fruit & Milk)

Monday	Wednesday
Mozzarella	Greek
Tuesday	Thursday
Tuna	Chicken Caesar
Friday	
Chef	

Bagel Meals

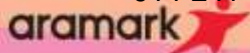
Bagel, Fruit
Cheese/Yogurt
Vegetables, Milk

½ cup of Carrot Sticks, Cucumber or Celery
1 Cup Side Salad
Whole Grain Roll
Offered with all meals

Fresh Yoqurt Parfait is a MEAL!!

Food Service Director

Fran Cortina
914-241-6038



This institution is an equal opportunity provider.

Food Allergies?
If you have a food allergy, please speak to the manager, chef, or your server.



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Available Daily:
Low Fat Milk
Fat Free White & Chocolate Milk

4
Chicken Tenders
Dinner Roll
BBQ Sauce
Corn
Sweet Apples
8oz Milk

5
Fiesta Nachos
Ground Beef Taco Meat, Shredded Cheese, Shredded Lettuce & Salsa
Black Bean Salad
Sweet Oranges
8oz Milk

6
Grilled Chicken Patty Sandwich
On a Whole Wheat Bun with American Cheese
Oven Baked Fries
Grapes
8oz Milk

7
Pizza Mania
Cheese or Cheese Pepperoni Pizza Slice
Caesar Salad
Cantaloupe
8oz Milk

8
Build Your Own Burger
Hamburger, Cheeseburger
Lettuce, Tomato & Onions
Red Pepper Slices
Fruit Salad
8oz Milk

11
Columbus Day School Closed

12
Chicken Tenders
Dinner Roll
BBQ Sauce
Baby Carrots
Sweet Apples
8oz Milk

13
WG Pasta With Sauce or Butter Sauce
Broccoli
Banana
8oz Milk

14
Homemade Pizza Dippers w/ Marinara Sauce
Roasted Corn
Oranges
8oz Milk

15
½ Day No Lunch

18
Chicken Tenders
Dinner Roll
BBQ Sauce
Corn
Sweet Apples
8oz Milk

19
Fiesta Nachos
Ground Beef Taco Meat, Shredded Cheese, Shredded Lettuce & Salsa
Black Bean Salad
Sweet Oranges
8oz Milk

20
Grilled Cheese & Tomato Soup
Roasted Zucchini
Sweet Grapes
8oz Milk

21
½ Day No Lunch

22
School Closed Parent/ Teacher Conference Day

25
Chicken Tenders
Rice
BBQ Sauce
Red Pepper Slices
Sweet Apples
8oz Milk

26
Fiesta Nachos
Ground Beef Taco Meat, Shredded Cheese, Shredded Lettuce & Salsa
Black Bean Salad
Sweet Oranges
8oz Milk

27
Chicken & Cheese Quesadilla
Cucumber Slices
Grapes
8oz Milk

28
Pizza Mania
Cheese or Cheese Pepperoni Pizza Slice
Caesar Salad
Cantaloupe
8oz Milk

29
Build Your Own Burger
Hamburger, Cheeseburger
Lettuce, Tomato & Onions
Oven Baked French Fries
Sweet Pears
8oz Milk