



BCSD Breakfast Menu January 2023

2 **New Year's Day!
School Closed**



3 **Scrambled Eggs &
Toast**
Apple/Orange Juice
Fresh Fruit
8oz Milk

4 **Pancakes**
Apple/Orange Juice
Fresh Fruit
8oz Milk

5 **Egg & Cheese
Wrap**
Apple/Orange Juice
Fresh Fruit
8oz Milk

6 **French Toast**
Turkey Bacon
Apple/Orange Juice
Fresh Fruit
8oz Milk

9 **Waffles**
Apple/Orange Juice
Fresh Fruit
8oz Milk

10 **Scrambled Eggs &
½ English Muffin**
Apple/Orange Juice
Fresh Fruit
8oz Milk

11 **Pancakes**
Apple/Orange Juice
Fresh Fruit
8oz Milk

12 **Egg & Cheese
Wrap**
Apple/Orange Juice
Fresh Fruit
8oz Milk

13 **French Toast
With Warm Fruit
Topping**
Turkey Bacon
Apple/Orange Juice
Fresh Fruit
8oz Milk

**We participate in the
National School Breakfast
Program**
Also Available
**Cereal, Toast, Yogurt Parfaits
or Bagels
With
Cream Cheese or Butter
&**

16 **Martin Luther King Jr.
Day
School Closed**

17 **Scrambled Eggs &
Toast**
Apple/Orange Juice
Fresh Fruit
8oz Milk

18 **Pancakes**
Apple/Orange Juice
Fresh Fruit
8oz Milk

19 **Egg & Cheese
Wrap**
Apple/Orange Juice
Fresh Fruit
8oz Milk

20 **French Toast**
Turkey Bacon
Apple/Orange Juice
Fresh Fruit
8oz Milk

**Apple/Orange
Juice
&
Fresh Fruit
Milk
Breakfast \$1.25
Reduced Breakfast is
FREE Every Day**

23 **Waffles
With Warm Fruit
Topping**
Apple/Orange Juice
Fresh Fruit
8oz Milk

24 **Scrambled Eggs &
½ English Muffin**
Apple/Orange Juice
Fresh Fruit
8oz Milk

25 **Pancakes**
Apple/Orange Juice
Fresh Fruit
8oz Milk

26 **Egg & Cheese
Wrap**
Apple/Orange Juice
Fresh Fruit
8oz Milk

27 **French Toast**
Turkey Bacon
Apple/Orange Juice
Fresh Fruit
8oz Milk

30 **Waffles**
Apple/Orange Juice
Fresh Fruit
8oz Milk

31 **Scrambled Eggs &
Toast**
Apple/Orange Juice
Fresh Fruit
8oz Milk



Available Daily:
Low Fat Milk
Fat Free Milk
&
Chocolate Milk

**Food Allergies?
If you have a food
allergy, please
speak to the
manager, chef, or**

Subject to change
Food Service Director
Fran Cortina
914-241-6038



This institution is an equal opportunity provider.

Regardless of portion size, the FSMC is responsible for meeting all requirements under the Final Rule Nutrition Standards in the National School Lunch & School Breakfast Programs. This includes min-max calories, saturated fat and sodium along with specific component offerings for all fruits, vegetables,