



Fox Lane High & Middle School Lunch Menu

January 2023

Student Lunch \$3.50

Adult Lunch \$5.03 Including Tax

Fresh Fruit Parfait Made Daily

As a Meal

¾ cup of carrot Sticks

One cup Salad

Whole Grain Roll

Offered with all meals

Also Offered Daily

Made to Order

Boar's Head Deli

Salad Meal

Pizza Meal

Grill Features

**Burgers & Grilled Cheese Daily wrap
Specials**

Monday Chicken & Cheese
Thursday Chicken Parmigiana

Tuesday Buffalo Chicken
Friday Chicken & Cheese

Wednesday

Chicken Bacon Ranch

**All Lunches Must Include Choice of Fruit or 100% Fruit Juice and/or Vegetable

Items subject to change

Food Service Director

Fran Cortina

914-241-6038



This institution is an equal opportunity provider.

2
New Year Day!
School Closed

3
Chicken Nuggets
with BBQ dipping Sauce
Spanish rice Roasted Broccoli Sweet Grapes 8oz Milk

4
Pesto Chicken
Bowtie Pasta Tossed with Homemade Pesto Sauce & Grilled Chicken Cucumber Slices Bananas 8oz Milk

5
Nachos
Tortilla Chips with Taco Meat Shredded Cheese Lettuce, Tomatoes & Salsa Mexican Corn Salad Pear 8oz Milk

6
Beef & Bean Burrito
Cheese Lettuce Tomatoes Marinated Green Bean Salad Apples 8oz Milk

9
Chicken Parmigiana Over Pasta
Roasted Broccoli Banana 8oz Milk

10
Meatball Hero
Beef Meatballs Topped with Marinara Sauce & Mozzarella Cheese Baked Tater Tots Apple 8oz Milk

11
Pasta Bolognese
Homemade Meat Sauce Garlic Bread Sweet Cantaloupe 8oz Milk

12
Nachos
Tortilla Chips with Taco Meat Shredded Cheese Lettuce, Tomatoes & Salsa Black Bean Salad Sweet Grapes 8oz Milk

13
BBQ Chicken
Whole Grain Dinner Roll Tossed Salad Sweet Pears 8oz Milk

16
Martin Luther King Jr. Day
School Closed

17
Chicken Fajitas
Served with Brown Rice Roasted Red Peppers Onions & Roasted Corn Orange Wedges 8oz Milk

18
Calzones
Spinach & Cheese Pizza Dough Roasted Broccoli Pears 8oz Milk

19
Nachos
Tortilla Chips with Taco Meat Shredded Cheese Lettuce, Tomatoes & Salsa Sautéed Zucchini Sweet Grapes 8oz Milk

20
Spaghetti and Meatball
Beef Meatballs with Rich homemade Sauce Baked Tater Tots Apple 8oz Milk

23
BBQ Chicken Nuggets
Melody Rice Cumber & Tomato Salad Pineapple 8oz Milk

24
Turkey Dinner
Roasted Turkey Stuffing Mashed Potatoes Fresh Pears 8oz Milk

25
Spaghetti & Meatballs
Rich Tomato Sauce Garlic Bread Sweet Potato Wedges Apples 8oz Milk

26
Nachos
Tortilla Chips with Taco Meat Shredded Cheese Lettuce, Tomatoes & Salsa Black Bean Salad Sweet Grapes 8oz Milk

27
Buffalo Chicken
Chicken Tossed in Buffalo Sauce & Topped with Mozzarella Cheese On a Bun Tossed Salad Cantaloupe 8oz Milk

30
Chicken Tenders
Rice Pilaf Steamed Broccoli Applesauce 8oz Milk

31
Baked Ziti
Served with Marinara Sauce Garlic Bread Steamed Carrots Watermelon 8oz Milk



Food Allergies?
If you have a food allergy, please speak to the manager, chef, or your server.

Available Daily:
Low Fat Milk
Fat Free Milk
&
Chocolate Milk

Regardless of portion size, the FSMC is responsible for meeting all requirements under the Final Rule Nutrition Standards in the National School Lunch & School Breakfast Programs. This includes min-max calories, saturated fat and sodium along with specific component offerings for all fruits, vegetables, grains, meat/meat alternates and milk.