



BCSD Breakfast Menu

March 2023

Available Daily:
Low Fat Milk
Fat Free Milk
&
Chocolate Milk

**We participate in the
National School Breakfast
Program**

Also Available

**Cereal, Toast, Yogurt Parfaits
or Bagels
With
Cream Cheese or Butter
&**

**Apple/Orange
Juice
&
Fresh Fruit
Milk**

**Breakfast \$1.25
Menu Subject to change**

Food Service Director

Fran Cortina
914-241-6038



This institution is an equal opportunity provider.

Food Allergies?
If you have a food
allergy, please
speak to the
manager, chef, or
server.

**March is National
Nutrition Month!**



1
Pancakes
Apple/Orange Juice
Fresh Fruit
8oz Milk

2
**Egg & Cheese
Wrap**
Apple/Orange Juice
Fresh Fruit
8oz Milk

3
French toast
Turkey Bacon
Apple/Orange Juice
Fresh Fruit
8oz Milk

6
Waffles
Apple/Orange Juice
Fresh Fruit
8oz Milk

7
**Scrambled Eggs &
½ English muffin**
Apple/Orange Juice
Fresh Fruit
8oz Milk

8
Pancakes
Apple/Orange Juice
Fresh Fruit
8oz Milk

9
**Egg & Cheese
Wrap**
Apple/Orange Juice
Fresh Fruit
8oz Milk

10
French toast
Turkey Bacon
Apple/Orange Juice
Fresh Fruit
8oz Milk

13
**Waffles
With Warm Fruit
Topping**
Apple/Orange Juice
Fresh Fruit
8oz Milk

14
**Scrambled Eggs &
Toast**
Apple/Orange Juice
Fresh Fruit
8oz Milk

15
Pancakes
Apple/Orange Juice
Fresh Fruit
8oz Milk

16
**Egg & Cheese
Wrap**
Apple/Orange Juice
Fresh Fruit
8oz Milk

17
French toast
Turkey Bacon
Apple/Orange Juice
Fresh Fruit
8oz Milk

20
Waffles
Apple/Orange Juice
Fresh Fruit
8oz Milk

21
**Scrambled Eggs &
½ English Muffin**
Apple/Orange Juice
Fresh Fruit
8oz Milk

22
Pancakes
Apple/Orange Juice
Fresh Fruit
8oz Milk

23
**Egg & Cheese
Wrap**
Apple/Orange Juice
Fresh Fruit
8oz Milk

24
French toast
Turkey Sausage
Apple/Orange Juice
Fresh Fruit
8oz Milk

27
**Waffles
With Warm Fruit
Topping**
Apple/Orange Juice
Fresh Fruit
8oz Milk

28
**Scrambled Eggs &
Toast**
Apple/Orange Juice
Fresh Fruit
8oz Milk

29
Pancakes
Apple/Orange Juice
Fresh Fruit
8oz Milk

30
**Egg & Cheese
Wrap**
Apple/Orange Juice
Fresh Fruit
8oz Milk

31
French toast
Turkey Bacon
Apple/Orange Juice
Fresh Fruit
8oz Milk

Regardless of portion size, the FSMC is responsible for meeting all requirements under the Final Rule Nutrition Standards in the National School Lunch & School Breakfast Programs. This includes min-max calories, saturated fat and sodium along with specific component offerings for all fruits, vegetables,