



BCSD

Elementary

March 2023

National Nutrition month

Student Lunch -\$2.50

Adult Lunch -\$5.02 Plus Tax

Alternate Meals Also Available Daily
Sandwich Meal

Boar's Head Turkey, Ham & Cheese, or PBJ
With Veggie, Fruit & Milk

Salad Meal

(Includes, WG Roll, Fruit & Milk)

Monday	Wednesday
Mozzarella	Chicken Salad
Tuesday	Thursday
Chicken Caesar	Egg
	Friday
	Chef

Bagel Meals

Bagel, Fruit
Cheese/Yogurt
Vegetables, Milk

½ cup of Carrot Sticks
1 Cup Side Salad

Whole Grain Roll
Offered with all meals

Fresh Yogurt Parfait is a MEAL!!

Items subjected to change!

Food Service Director

Fran Cortina
914-241-6038



This institution is an equal opportunity provider.



Food Allergies? If you have a food allergy, please speak to the manager, chef, or your server

1 Meatless Wednesday! Healthy
Breaded Fish Sticks
Rice Roasted
Broccoli Orange
Smiles 8oz Milk



2 Pizza Mania
Cheese or Cheese
Pepperoni Pizza Slice
Cucumber Slices
Applesauce
8oz Milk

3 Build Your Own Burger
Hamburger,
Cheeseburger
Lettuce, Tomato & Onions
Green Beans
Orange Smiles
8oz Milk

6 Chicken Tenders
BBQ Sauce melody
Rice
Oven Roasted Tater
Tots
Pears
8oz Milk

7 Fiesta Nachos
Tortilla Chips with
Chicken Taco Meat,
Shredded Cheese,
Lettuce, & Salsa
Black Bean Salad
Sweet Grapes
8oz Milk



8 Pizza Mania
Cheese or Cheese
Pepperoni Pizza Slice
Pepper Slices
Broccoli
Oranges
8oz Milk

**9 Half Day
No Lunch**

**10 Parent/Teacher
Conference
No School**

Alternate Meals Also Available Daily
Sandwich Meal

Boar's Head Turkey, Ham & Cheese, or PBJ
With Veggie, Fruit & Milk

Salad Meal

(Includes, WG Roll, Fruit & Milk)

Monday	Wednesday
Mozzarella	Chicken Salad
Tuesday	Thursday
Chicken Caesar	Egg
	Friday
	Chef

13 Meatless Monday!

Grilled Cheese &
Tomato Soup Roasted
Zucchini Sweet Grapes
8oz Milk

14 Fiesta Nachos
Tortilla Chips with
Chicken Taco Meat,
Shredded Cheese,
Lettuce, & Salsa
Mexican Corn and Bean
Salad
Bananas
8oz Milk

15 Chicken Tenders
BBQ Sauce Garlic
Bread Sautéed
Spinach Orange
Smiles 8oz Milk



16 Pizza Mania
Cheese or Cheese
Pepperoni Pizza
Slice
Cucumber Slices
Apples
8oz Milk

**17 Half Day
No Lunch**

Bagel Meals

Bagel, Fruit
Cheese/Yogurt
Vegetables, Milk

½ cup of Carrot Sticks
1 Cup Side Salad

Whole Grain Roll
Offered with all meals

Fresh Yogurt Parfait is a MEAL!!

Items subjected to change!

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20 Chicken Tenders
BBQ Sauce
Rice
Green Bean Salad
Sweet Grapes
8oz Milk

21 Fiesta Nachos
Tortilla Chips with
Chicken Taco Meat,
Shredded Cheese,
Lettuce, & Salsa
Black Bean Salad
Sweet Grapes
8oz Milk

22 Brunch for Lunch
French toast
Scrambled Eggs
Hash Browns
Strawberries
8oz Milk

23 Pizza Mania
Cheese or Cheese
Pepperoni Pizza Slice
Pepper Slices
Applesauce
8oz Milk

**24 Hamburger, or
Cheeseburger on
Whole Wheat Bun
Roasted Sweet
Potatoes Honeydew**



27 Chicken Tenders
BBQ Sauce melody
Rice
Oven Roasted Tater
Tots
Pears
8oz Milk

28 Fiesta Nachos
Tortilla Chips with
Chicken Taco Meat,
Shredded Cheese,
Lettuce & Salsa
Black Bean Salad
Pears
8oz Milk

**29 WG Pasta With
Meatballs & Sauce or
Butter Sauce,
Garden Salad
Banana 8oz Milk**



30 Homemade Pizza

Dippers w/ Marinara
Sauce Roasted
Broccoli Pineapple
8oz Milk

31 Vegan Friday!

Hummus Pack
Hummus, Pretzels,
Carrots &
Cucumbers Grapes
8oz Milk