



refresh. refuel. relax.

## Fox Lane High & Middle School Lunch Menu

### March 2023

Student Lunch \$3.50

Adult Lunch \$5.02 Including Tax

Food Service Director

Fran Cortina

914-241-6038

### Fresh Fruit or Yogurt Parfait

Made Daily

As a Meal

¾ cup of carrot Sticks

One cup Salad

Whole Grain Roll

Offered with all meals

Also Offered Daily

Made to Order

Boar's Head Deli

### Grill Features

Burgers & Grilled Cheese Daily wrap  
Specials

**Monday**

Chicken & Cheese

**Tuesday**

Buffalo Chicken

**Thursday**

Chicken Parmigiana

**Friday**

Chicken & Cheese

**Wednesday**

Chicken Bacon Ranch

\*\*All Lunches Must Include Choice of Fruit or  
100% Fruit Juice and/or Vegetable



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**Food Allergies? If you have a food allergy, please speak to the manager, chef, or your server.**

### Available Daily:

Low Fat Milk  
Fat Free Milk  
&  
Chocolate Milk



1

### Pasta Mania

Alfredo, Marinara,  
Meat or Butter  
Sauces Garlic Bread  
Roasted Broccoli  
Banana  
8oz Milk

2

### Nachos

Tortilla Chips with  
Ground Turkey  
Shredded Cheese  
Shredded Lettuce  
Salsa & Black Bean Salad  
Fruit Salad  
8oz Milk

1

### Pasta with Meatballs

with Marinara sauce,  
Garlic bread  
Green Bean Salad  
Unsweetened  
Applesauce  
8oz Milk

4

### BBQ Chicken

Whole Grain Dinner  
Roll  
Tossed Salad  
Sweet Pears  
8oz Milk

5

### Meatloaf

Home-Made Meatloaf  
Served with mashed  
potatoes, Tossed  
Salad, Dinner Roll  
Applesauce  
8oz Milk

6

### Pesto Chicken

Bowtie Pasta Tossed  
with Homemade Pesto  
Sauce & Grilled  
Chicken  
Roasted Peppers  
Bananas  
8oz Milk

7

### Nachos

Tortilla Chips with  
Ground Turkey  
Shredded Cheese  
Shredded Lettuce  
Salsa & Black Bean  
Salad  
Mixed Berries  
8oz Milk

8

### Stromboli

Spinach & Cheese  
Wrapped in Whole  
Wheat  
Pizza Dough  
Roasted Carrots  
Sweet Pineapple  
8oz Milk

11

### Meatball Parm Hero On a Wedge

Roasted Broccoli  
Sweet Grapes  
8oz Milk

12

### Quesadilla

Corn, Bean and  
Cheese Quesadilla  
Served with Salsa  
Roasted Potatoes

Fresh Pears  
8oz Milk

13

### Baked Ziti

With Ricotta & Cheese  
Topped with Tomato Sauce  
Garlic Bread  
Roasted Sweet Potatoes  
Bananas  
8oz Milk

14

### Nachos

Tortilla Chips with  
Ground Turkey  
Shredded Cheese  
Shredded Lettuce  
Salsa & Black Bean  
Salad  
Fruit Salad  
8oz Milk

15

### Macaroni & Cheese

Made from Scratch  
Served with WG Dinner  
Roll  
Glazed Carrots  
Baked Apple Crisp  
8oz Milk

18

### Chicken Fajitas

Served with Brown  
Rice  
Roasted Red  
Peppers & Onions  
Cantaloupe  
8oz Milk

19

### Brunch for Lunch

French toast  
Sausage(T) Oven  
Baked Tater Tots  
Strawberries  
8oz Milk

20

### Chicken Parmigiana Over Pasta

Garlic Bread  
Steamed Broccoli &  
Carrots  
Banana  
8oz Milk

21

### Nachos

Tortilla Chips with  
Ground Turkey  
Shredded Cheese  
Shredded Lettuce  
Salsa & Black Bean  
Salad  
Fruit Salad  
8oz Milk

22

### BBQ Chicken

Whole Grain Dinner  
Roll  
Green Bean Salad  
Sweet Pears  
8oz Milk

25

### Buffalo Chicken

Chicken Tossed in  
Buffalo Sauce & Topped  
with Mozzarella Cheese  
On a Bun  
Roasted Potatoes  
Sweet Honeydew  
8oz Milk

26

### Macaroni & Cheese

Made from Scratch  
Served with  
WG Dinner Roll  
Sautéed Spinach  
Sweet Orange  
8oz Milk

27

### Pulled Turkey

BBQ Roasted  
Turkey Served  
Mashed Potatoes,  
Dinner Roll  
&  
Green Bean Salad  
Baked Apple Crisp  
8oz Milk

28

### Nachos

Tortilla Chips with  
Ground Turkey  
Shredded Cheese  
Shredded Lettuce  
Salsa & Black Bean  
Salad  
Fruit Salad  
8oz Milk

29

### Calzones

Spinach & cheese  
wrapped in whole wheat  
pizza dough Served with  
Kale salad  
Cantaloupe 8oz Milk

Regardless of portion size, the FSMC is responsible for meeting all requirements under the Final Rule Nutrition Standards in the National School Lunch & School Breakfast Programs. This includes min-max calories, saturated fat and sodium along with specific component offerings for all fruits, vegetables, grains, meat/meat alternates and milk.