

# Breakfast Menu

## Fox Lane High School

March  
2024

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES  
WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday

First Breakfast & Lunch for all FLHS & FLMS Students!!

¡El primer desayuno y almuerzo es GRATIS para todos los estudiantes de FLHS y FLMS!

4 Sausage, Egg & Cheese Burrito\* 🍌  
Diced Pear Cup  
Fresh Orange

5 Bacon, Egg and Cheese Breakfast Sandwich 🍌  
Fresh Banana  
Fresh Pear

6 Bagel Melt 🌱  
Crispy Potato Puffs  
Diced Peaches  
Fresh Orange

7 Belgian Waffle with Caramelized Apples 🌱 🍌  
Fresh Banana  
Applesauce

8 Maple Mini Waffles 🌱  
Diced Pear Cup  
Mango Cup

11 Fluffy Whole Grain Pancakes 🌱  
Bacon  
Fresh NY Local Apple  
Fresh Pear

12 Egg and Cheese Sandwich 🌱  
Applesauce  
Diced Pear Cup

13 NY Fruity Yogurt Parfait with Granola 🌱 🍌 🌱  
Fresh Banana  
Pineapple Cup

14 Homemade French Toast 🌱 🍌  
Turkey Sausage  
Patty  
Fresh NY Local Apple  
Fresh Orange

15 Breakfast Burrito 🌱  
Fresh Orange  
Fresh Banana

18 Fluffy Whole Grain Waffles 🌱  
Bacon  
Fresh Orange  
Mango Cup

19 Sausage, Egg and Cheese Sandwich  
Fresh NY Local Apple  
Pineapple

20 Bagel Melt 🌱  
Crispy Potato Puffs  
Diced Pear Cup  
Pineapple Cup

21 NY Fruity Yogurt Parfait with Granola 🌱 🍌 🌱  
Fresh Banana  
Mango Cup

22 Apple Strudel 🌱  
Orange 100% Juice  
Applesauce

25 Whole Grain Pancakes with Sausage  
Diced Pear Cup  
Fresh Orange

26 Egg and Cheese Sandwich 🌱  
Fresh Orange  
Fresh NY Local Apple

27 Sausage, Egg & Cheese Burrito\* 🍌  
Diced Peaches  
Diced Pear Cup

28 Farmers Omelet 🍌  
Mango Cup  
Cinnamon  
Applesauce

29 Mini Cinnamon Pull Apart Roll 🌱  
Pineapple  
Sliced Oranges



Whitsons is Simply Rooted® in food and family, and our menus are nutritious and flavorful. View this menu on the mobile app, FDMealPlanner, or on the web at [www.FDMealPlanner.com](http://www.FDMealPlanner.com).

\*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

\*\*Menu is subject to change, notice posted when available.

\*\*\*In accordance with federal civil rights law and U.S. Department of Agriculture (USDA)

civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.

Student Breakfast:\$1.50  
Adult Price:\$3.00 + Tax

Menu Subject to Change.

Any Questions or Concerns Please Call

914-241-6038



Vegetarian



Made With Natural Ingredients



Pork



Whole Grain Choice



Made With Organic Ingredients

Choice of: 1% White Milk or Fat Free Chocolate Milk

Assorted 100% Fruit Juice

Available Daily : Variety of Grab & Go Meal Selections:

Assorted Cereals and Muffins

Whole Grain Honey Bun

Bagel with Cream Cheese

Yogurt with Grain

Assorted Egg Sandwiches

Whole Grain Fruit Strudel



# Breakfast Menu

## Fox Lane Middle School

March  
2024

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WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday

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Diced Pear Cup  
Fresh Orange

5 Bacon, Egg and Cheese Breakfast Sandwich  
Fresh Banana  
Fresh Pear

6 Bagel Melt  
Crispy Potato Puffs  
Diced Peaches  
Fresh Orange

7 Belgian Waffle with Caramelized Apples  
Fresh Banana  
Applesauce

8 Maple Mini Waffles  
Diced Pear Cup  
Mango Cup

11 Fluffy Whole Grain Pancakes  
Bacon  
Fresh NY Local Apple  
Fresh Pear

12 Egg and Cheese Sandwich  
Applesauce  
Diced Pear Cup

13 NY Fruity Yogurt Parfait with Granola  
Fresh Banana  
Pineapple Cup

14 Homemade French Toast  
Turkey Sausage  
Patty  
Fresh NY Local Apple  
Fresh Orange

15 Breakfast Burrito  
Fresh Orange  
Fresh Banana

18 Fluffy Whole Grain Waffles  
Bacon  
Fresh Orange  
Mango Cup

19 Sausage, Egg and Cheese Sandwich  
Fresh NY Local Apple  
Pineapple

20 Bagel Melt  
Crispy Potato Puffs  
Diced Pear Cup  
Pineapple Cup

21 NY Fruity Yogurt Parfait with Granola  
Fresh Banana  
Mango Cup

22 Apple Strudel  
Orange 100% Juice  
Applesauce

25 Whole Grain Pancakes with Sausage  
Diced Pear Cup  
Fresh Orange

26 Egg and Cheese Sandwich  
Fresh Orange  
Fresh NY Local Apple

27 Sausage, Egg & Cheese Burrito\*  
Diced Peaches  
Diced Pear Cup

28 Farmers Omelet  
Mango Cup  
Cinnamon  
Applesauce

29 Mini Cinnamon Pull Apart Roll  
Pineapple  
Sliced Oranges



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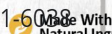
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Vegetarian



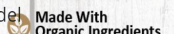
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Whole Grain Choice



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Bagel with Cream Cheese

Yogurt with Grain

Assorted Egg Sandwiches

Whole Grain Fruit Strudel