

Lunch Menu

Bedford CSD Elementary Schools

March 2024

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday



PRES
Build Your
Menu Week:
3/14 - 3/22



- 1 Classic Cheese Pizza
Cucumber Coins
Chilled Red Pepper Strips
Fresh Grapes
Diced Pear Cup

- 4 Cheese Pizza Bagel
Steamed Broccoli
Spicy Four Bean Salad
Pineapple
Fresh Melon Cup
MEATLESS MONDAY

- 5 Nachos Grande
Salsa
Fiesta Corn
Black Bean and Pepper Salad
Mango Cup
Pineapple

- 6 Fluffy Whole Grain Waffles
Turkey Sausage Patty
Crispy Potato Puffs
Cherry Tomatoes
Light Ranch Dressing
Strawberry Cup
Diced Pear Cup
BRUNCH FOR LUNCH

Half Day
No Lunch Service
Medio día
No almuerzo

SCHOOL CLOSED TODAY

- 11 Cheesy Stuffed Bread Sticks
Green Beans
Chilled Red Pepper Strips
Sliced Peaches
Fresh Pear
MEATLESS MONDAY

- 12 Crispy Chicken Sandwich
Oven Baked Fries
Chickpea Salad
Apple Slices
Fresh Melon Cup

- 13 Chicken Nuggets
Whole Wheat Dinner Roll
Buttered Corn
Garden Salad
Organic Applesauce
Mango Slices
Chickpea Lunch Lab

- 14 Broccoli Pizza
Pepper & Onion Pizza
Steamed Carrots
Cucumber Coins
Honeydew and Cantaloupe Cup
Watermelon Slices
1st Grade

Half Day
No Lunch Service
Medio día
No almuerzo

- 18 Tomato & Cheese Griller
Sweet Potato Fries
Cucumber Coins
Mango Cup
Watermelon Slices
Kindergarten

- 19 Herb Grilled Chicken Nuggets
Cauliflower
Baby Carrots
Fresh Grapes
Sliced Peaches
2nd Grade

- 20 Personal Pizza Bar
Steamed Carrots
Garden Salad
Fresh Grapes
Mango Slices
3rd Grade

- 21 Homemade Pasta Primavera
Sweet Potato Fries
Cucumber Coins
Fresh Fruit Cup
Watermelon Slices
4th Grade

- 22 Eggplant Parm Hero
Cinnamon & Honey
Roasted Beans
Cucumber Coins
Honeydew and Cantaloupe Cup
Watermelon Slices
5th Grade

- 25 Cinnamon French Toast
Hard-Boiled Egg Cup
Crispy Potato Puffs
Baby Carrots
Organic Applesauce
Fresh Pear
BRUNCH FOR LUNCH
MEATLESS MONDAY

- 26 Chicken Nuggets
Whole Wheat Dinner Roll
Steamed Broccoli
Chilled Red Pepper Strips
Fresh NY Local Apple
Fresh Melon Cup

- 27 Grilled Cheese Sandwich
Chicken Noodle Soup
Oven Baked Fries
Organic Applesauce
Fresh Banana
Lucky Tray Day!

- 28 Classic Cheese Pizza
Pepperoni Pizza
Garden Salad
Confetti Kidney Bean Salad
Diced Peach Cup
Fresh Apple

29
SPRING BREAK!
SCHOOL CLOSED



Whitsons is Simply Rooted® in food and family, and our menus are nutritious and flavorful. View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA)

civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.

All Lunches Include:

Grain, Meat/Meat
Alternative, Fruit Selection,
Vegetable Selections and Milk
Variety Choice: 1% White Milk or
Fat Free Chocolate Milk
Student Lunch Price:\$3.00
Adult Lunch Price:\$5.50+ Tax

Daily Alternate Lunches:

Turkey & Cheese, LS Ham & Cheese, Sun-Butter & Jelly, American Cheese Sandwich (All on Whole Grain Bread), Bagel Lunch with String Cheese & Yogurt, Yogur Parfait, Garden Salad, Chicken Caesar Salad.

Assorted Condiments

If you have any questions please call Mary Vanzo;
914-241-6038

