



BEDFORD CENTRAL SCHOOL DISTRICT  
**School Health Services**  
THE FOX LANE CAMPUS, P.O. BOX 180  
MOUNT KISCO, NEW YORK 10549  
914-241-6000

Dr. Christopher Manno  
Superintendent of Schools

Dr. Louis Corsaro  
Medical Director

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Dear BCSD Parents and Guardians,

August 2019

Welcome to the 2019-2020 school year! I'm looking forward to meeting all of our new and returning students.

My goal is to partner with you to ensure that your children are safe and healthy while they are here at FLMS. If your child has any health issues or any medical condition such as allergies requiring epi-pen administration, asthma, diabetes, seizures, ADD/ADHD etc., please make sure that you contact me so that we may discuss your child's needs.

### **IMPORTANT ISSUES AND REMINDERS**

#### **Medication at School**

A health care provider order and parent permission is needed for all prescription and over the counter (OTC) medications used at school or school-sponsored activities.

1. Parents/guardians are responsible for having medications delivered directly to the school in a properly labeled original container **by an adult**, unless the student has a health care provider attestation to carry and use their medication independently (see below).
2. Please bring all medication directly to the school health office.
3. You can bring the medication on the first day of school, However, if you would like to drop off any medication prior to the start of school, I will be in the School Health Office on August 28 and 29 between 9am and 2pm. If those days are difficult for you, please contact me so that we can make other arrangements.
4. If your child's health care provider decides your child can carry and use their diabetes, asthma or epinephrine auto-injector medication independently and you wish them to do so, they must put in writing (attest) that your child can do so safely. The bottom of our general authorization and epinephrine forms can be used to provide this information.
5. Below are the links for the medication forms. They are also available on our district web site or may be obtained from the School Health Office.

[https://www.bcsdny.org/site/handlers/filedownload.ashx?moduleinstanceid=4181&dataid=9563&FileName=General\\_med\\_authorization.pdf](https://www.bcsdny.org/site/handlers/filedownload.ashx?moduleinstanceid=4181&dataid=9563&FileName=General_med_authorization.pdf)

[https://www.bcsdny.org/site/handlers/filedownload.ashx?moduleinstanceid=4181&dataid=9562&FileName=Epi\\_Authorization.pdf](https://www.bcsdny.org/site/handlers/filedownload.ashx?moduleinstanceid=4181&dataid=9562&FileName=Epi_Authorization.pdf)

[https://www.bcsdny.org/site/handlers/filedownload.ashx?moduleinstanceid=4181&dataid=9561&FileName=Benadryl\\_authorization.pdf](https://www.bcsdny.org/site/handlers/filedownload.ashx?moduleinstanceid=4181&dataid=9561&FileName=Benadryl_authorization.pdf)

### **Immunizations**

1. NYS Law Section 2164 requires that we receive proof that your child has received the immunizations require to enter and attend school.
2. The **Tdap** vaccine is required of all **students entering 6<sup>th</sup> grade who are 11 years of age** or older. And the **meningococcal vaccine** and a **physical exam is required of all students entering 7<sup>th</sup> grade.**
3. A student may continue to attend school without the required immunizations **only** if they have a medical exemption. A medical exemption must be issued annually. Attached is a form that the health care provider can use.  
<https://www.health.ny.gov/forms/doh-5077.pdf>

### **Injuries/Physical Education**

A note from your health care provider is required if your child needs to be excused from P.E. for any reason. If an injury has occurred and your child requires a supportive device, such as a wheelchair, walking boot, crutches, etc., please have your child report to the School Health Office on initial return to school.

Please contact me with any questions or concerns.

Regards,

Barbara Ingraldi, MSN, RN  
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